# Your Guide to Understanding Genetic Conditions

# HBB gene

hemoglobin subunit beta

### **Normal Function**

The *HBB* gene provides instructions for making a protein called beta-globin. Beta-globin is a component (subunit) of a larger protein called hemoglobin, which is located inside red blood cells. In adults, hemoglobin normally consists of four protein subunits: two subunits of beta-globin and two subunits of another protein called alpha-globin, which is produced from another gene called *HBA*. Each of these protein subunits is attached (bound) to an iron-containing molecule called heme; each heme contains an iron molecule in its center that can bind to one oxygen molecule. Hemoglobin within red blood cells binds to oxygen molecules in the lungs. These cells then travel through the bloodstream and deliver oxygen to tissues throughout the body.

# **Health Conditions Related to Genetic Changes**

#### beta thalassemia

Nearly 400 mutations in the *HBB* gene have been found to cause beta thalassemia. Most of the mutations involve a change in a single DNA building block (nucleotide) within or near the *HBB* gene. Other mutations insert or delete a small number of nucleotides in the *HBB* gene.

*HBB* gene mutations that decrease beta-globin production result in a type of the condition called beta-plus (B<sup>+</sup>) thalassemia. Mutations that prevent cells from producing any beta-globin result in beta-zero (B<sup>0</sup>) thalassemia.

Problems with the subunits that make up hemoglobin, including low levels of betaglobin, reduce or eliminate the production of this molecule. A lack of hemoglobin disrupts the normal development of red blood cells. A shortage of mature red blood cells can reduce the amount of oxygen that is delivered to tissues to below what is needed to satisfy the body's energy needs. A lack of oxygen in the body's tissues can lead to poor growth, organ damage, and other health problems associated with beta thalassemia.

# methemoglobinemia, beta-globin type

More than 10 mutations in the *HBB* gene have been found to cause methemoglobinemia, beta-globin type, which is a condition that alters the hemoglobin within red blood cells. These mutations often affect the region of the protein that binds to heme. For hemoglobin to bind to oxygen, the iron within the heme molecule

needs to be in a form called ferrous iron (Fe<sup>2+</sup>). The iron within the heme can change to another form of iron called ferric iron (Fe<sup>3+</sup>), which cannot bind oxygen. Hemoglobin that contains ferric iron is known as methemoglobin and is unable to efficiently deliver oxygen to the body's tissues.

In methemoglobinemia, beta-globin type, mutations in the *HBB* gene alter the beta-globin protein and promote the heme iron to change from ferrous to ferric. This altered hemoglobin gives the blood a brown color and causes a bluish appearance of the skin, lips, and nails (cyanosis). The signs and symptoms of methemoglobinemia, beta-globin type are generally limited to cyanosis, which does not cause any health problems. However, in rare cases, severe methemoglobinemia, beta-globin type can cause headaches, weakness, and fatigue.

#### sickle cell disease

Sickle cell anemia, a common form of sickle cell disease, is caused by a particular mutation in the *HBB* gene. This mutation results in the production of an abnormal version of beta-globin called hemoglobin S or HbS. In this condition, hemoglobin S replaces both beta-globin subunits in hemoglobin. The mutation changes a single protein building block (amino acid) in beta-globin. Specifically, the amino acid glutamic acid is replaced with the amino acid valine at position 6 in beta-globin, written as Glu6Val or E6V. Replacing glutamic acid with valine causes the abnormal hemoglobin S subunits to stick together and form long, rigid molecules that bend red blood cells into a sickle (crescent) shape. The sickle-shaped cells die prematurely, which can lead to a shortage of red blood cells (anemia). The sickle-shaped cells are rigid and can block small blood vessels, causing severe pain and organ damage.

Mutations in the *HBB* gene can also cause other abnormalities in beta-globin, leading to other types of sickle cell disease. These abnormal forms of beta-globin are often designated by letters of the alphabet or sometimes by a name. In these other types of sickle cell disease, just one beta-globin subunit is replaced with hemoglobin S. The other beta-globin subunit is replaced with a different abnormal variant, such as hemoglobin C or hemoglobin E.

In hemoglobin SC (HbSC) disease, the beta-globin subunits are replaced by hemoglobin S and hemoglobin C. Hemoglobin C results when the amino acid lysine replaces the amino acid glutamic acid at position 6 in beta-globin (written Glu6Lys or E6K). The severity of hemoglobin SC disease is variable, but it can be as severe as sickle cell anemia. Hemoglobin E (HbE) is caused when the amino acid glutamic acid is replaced with the amino acid lysine at position 26 in beta-globin (written Glu26Lys or E26K). In some cases, the hemoglobin E mutation is present with hemoglobin S. In these cases, a person may have more severe signs and symptoms associated with sickle cell anemia, such as episodes of pain, anemia, and abnormal spleen function.

Other conditions, known as hemoglobin sickle-beta thalassemias (HbSBetaThal), are caused when mutations that produce hemoglobin S and beta thalassemia occur

together. Mutations that combine sickle cell disease with beta-zero (B<sup>0</sup>) thalassemia lead to severe disease, while sickle cell disease combined with beta-plus (B<sup>+</sup>) thalassemia is milder.

### other disorders

Hundreds of variations have been identified in the *HBB* gene. These changes result in the production of different versions of beta-globin. Some of these variations cause no noticeable signs or symptoms and are found when blood work is done for other reasons, while other variations may affect a person's health. Two of the most common variants are hemoglobin C and hemoglobin E.

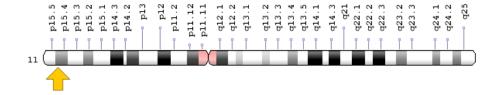
Hemoglobin C (HbC), caused by the Glu6Lys mutation in beta-globin, is more common in people of West African descent than in other populations. People who have two hemoglobin C subunits in their hemoglobin, instead of normal beta-globin, have a mild condition called hemoglobin C disease. This condition often causes chronic anemia, in which the red blood cells are broken down prematurely.

Hemoglobin E (HbE), caused by the Glu26Lys mutation in beta-globin, is a variant of hemoglobin most commonly found in the Southeast Asian population. When a person has two hemoglobin E subunits in their hemoglobin in place of beta-globin, a mild anemia called hemoglobin E disease can occur. In some cases, the mutations that produce hemoglobin E and beta thalassemia are found together. People with this hemoglobin combination can have signs and symptoms ranging from mild anemia to severe thalassemia major.

#### Chromosomal Location

Cytogenetic Location: 11p15.4, which is the short (p) arm of chromosome 11 at position 15.4

Molecular Location: base pairs 5,225,466 to 5,227,071 on chromosome 11 (Homo sapiens Annotation Release 108, GRCh38.p7) (NCBI)



Credit: Genome Decoration Page/NCBI

# Other Names for This Gene

- beta globin
- beta-globin
- HBB\_HUMAN
- hemoglobin beta gene
- hemoglobin--beta locus
- hemoglobin, beta

#### **Additional Information & Resources**

# **Educational Resources**

- About Sickle Cell Disease: What is Hemoglobin? http://www.sicklecellinfo.net/hemoglobin.htm
- Blood Groups and Red Cell Antigens (2005): Hemoglobin binds oxygen https://www.ncbi.nlm.nih.gov/books/NBK2263/#ch1.1.5

# GeneReviews

- Beta-Thalassemia https://www.ncbi.nlm.nih.gov/books/NBK1426
- Sickle Cell Disease https://www.ncbi.nlm.nih.gov/books/NBK1377

### Scientific Articles on PubMed

PubMed

https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28HBB+gene%5BTI%5D%29+OR+%28beta+hemoglobin%5BTI%5D%29+OR+%28beta+globin%5BTI%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+1080+days%22%5Bdp%5D

## **OMIM**

 HEMOGLOBIN--BETA LOCUS http://omim.org/entry/141900

#### Research Resources

- Atlas of Genetics and Cytogenetics in Oncology and Haematology http://atlasgeneticsoncology.org/Genes/GC\_HBB.html
- ClinVar https://www.ncbi.nlm.nih.gov/clinvar?term=HBB%5Bgene%5D

- HGNC Gene Family: Hemoglobin subunits http://www.genenames.org/cgi-bin/genefamilies/set/940
- HGNC Gene Symbol Report http://www.genenames.org/cgi-bin/gene\_symbol\_report?q=data/ hgnc\_data.php&hgnc\_id=4827
- NCBI Gene https://www.ncbi.nlm.nih.gov/gene/3043
- Pennsylvania State University: Globin Gene Server http://globin.cse.psu.edu/
- UniProt http://www.uniprot.org/uniprot/P68871

# **Sources for This Summary**

- Ashley-Koch A, Yang Q, Olney RS. Sickle hemoglobin (HbS) allele and sickle cell disease: a HuGE review. Am J Epidemiol. 2000 May 1;151(9):839-45. Review.
   Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/10791557
- Bellelli A, Brunori M, Miele AE, Panetta G, Vallone B. The allosteric properties of hemoglobin: insights from natural and site directed mutants. Curr Protein Pept Sci. 2006 Feb;7(1):17-45. Review. *Citation on PubMed:* https://www.ncbi.nlm.nih.gov/pubmed/16472167
- Cohen AR, Galanello R, Pennell DJ, Cunningham MJ, Vichinsky E. Thalassemia. Hematology Am Soc Hematol Educ Program. 2004:14-34. Review.
   Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/15561674
- Flatz G, Sanguansermsri T, Sengchanh S, Horst D, Horst J. The 'hot-spot' of Hb E [beta26(B8)Glu->Lys] in Southeast Asia: beta-globin anomalies in the Lao Theung population of southern Laos. Hemoglobin. 2004 Aug;28(3):197-204.
   Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/15481886
- Fu XH, Liu DP, Liang CC. Chromatin structure and transcriptional regulation of the beta-globin locus. Exp Cell Res. 2002 Aug 1;278(1):1-11. Review.

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/12126952
- Mahajan MC, Weissman SM. Multi-protein complexes at the beta-globin locus. Brief Funct Genomic Proteomic. 2006 Mar;5(1):62-5. Epub 2006 Feb 22. Review.
   Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/16769681
- Nagel RL, Steinberg MH. Role of epistatic (modifier) genes in the modulation of the phenotypic diversity of sickle cell anemia. Pediatr Pathol Mol Med. 2001 Mar-Apr;20(2):123-36. Review.
   Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/12673837
- Panigrahi I, Agarwal S. Genetic determinants of phenotype in beta-thalassemia. Hematology. 2008 Aug;13(4):247-52. doi: 10.1179/102453308X316031.
   Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/18796252
- Park KW. Sickle cell disease and other hemoglobinopathies. Int Anesthesiol Clin. 2004 Summer;
   42(3):77-93. Review.
   Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/15205641

- Sadelain M, Rivella S, Lisowski L, Samakoglu S, Rivière I. Globin gene transfer for treatment of the beta-thalassemias and sickle cell disease. Best Pract Res Clin Haematol. 2004 Sep;17(3):517-34.
   Review.
  - Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/15498721
- Schechter AN. Hemoglobin research and the origins of molecular medicine. Blood. 2008 Nov 15; 112(10):3927-38. doi: 10.1182/blood-2008-04-078188. Review.
   Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/18988877
   Free article on PubMed Central: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2581994/
- Stuart MJ, Nagel RL. Sickle-cell disease. Lancet. 2004 Oct 9-15;364(9442):1343-60. Review. Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/15474138
- Thein SL. Genetic insights into the clinical diversity of beta thalassaemia. Br J Haematol. 2004 Feb; 124(3):264-74. Review.
   Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/14717773
- Thom CS, Dickson CF, Gell DA, Weiss MJ. Hemoglobin variants: biochemical properties and clinical correlates. Cold Spring Harb Perspect Med. 2013 Mar 1;3(3):a011858. doi: 10.1101/cshperspect.a011858. Review.
  - Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/23388674
    Free article on PubMed Central: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3579210/
- do Nascimento TS, Pereira RO, de Mello HL, Costa J. Methemoglobinemia: from diagnosis to treatment. Rev Bras Anestesiol. 2008 Nov-Dec;58(6):651-64. Review. English, Portuguese. Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/19082413

# Reprinted from Genetics Home Reference:

https://ghr.nlm.nih.gov/gene/HBB

Reviewed: July 2015

Published: March 21, 2017

Lister Hill National Center for Biomedical Communications U.S. National Library of Medicine National Institutes of Health Department of Health & Human Services